Steve Tottle Tae Kwon-Do

T.A.G.B. TAE KWON-DO INTERNATIONAL

LINE WORK

1st Kup

FWD	Walking stance, Low Block, Rising Block, Reverse Punch
BWD	L stance, KHGB, slip front foot, walking stance, Upper Elbow Strike
FWD	Rear leg, Front Kick/Turning Kick (same leg), Land L stance, FGB
BWD	First 3 moves of Won Hyo
FWD	Side Kick, Reverse side Kick, Land L stance, FGB (change legs halfway through)
BWD	Walking stance, Double Hooking Block, Obverse Punch
FWD	L stance, KHGB, Front leg Front Kick, Walking stance, Flat fingertip thrust
BWD	First 2 Moves Toi Gye
FWD	Turning kick, Reverse turning kick, Land L stance, FGB
BWD	Walking stance, X fist pressing block, Twin vertical punch
STATIC	Jumping front kick, jumping side kick

Patterns

Examiner's choice pattern	All together
Student's choice pattern	In groups
Choong Moo	In groups

Set Sparring 2 step sparring & 1 step sparring

NOTE: This line work is a **SAMPLE** and could be subject to change at anytime during a Black Belt Grading