Steve Tottle Tae Kwon-Do

T.A.G.B. TAE KWON-DO INTERNATIONAL

LINE WORK

3rd Dan

FWD	Double side kick, Reverse side kick, Land L stance, FGB (change legs)
BWD	Walking stance, X fist pressing/X Knife hand rising block, twist hands reversepunch (Yoo Sin)
FWD	Front leg, Hook kick/Side kick comb, Rear leg, Axe kick
BWD	Walking stance, Double forearm block, reverse low block (Yoo Sin)
FWD	L stance, Back hand strike, inward crescent kick (hitting palm), Side kick same leg Land L stance, Back hand strike
BWD	Fixed stance, U shape punch (Yoo Sin)
FWD	Rear leg, Front/Turning kick Comb, Axe kick (same leg)
BWD	L stance, Low section, Twin punch (Sam Il)
FWD	L stance, low section reverse KHGB, slip front foot to walking stance, 9 shaped block
BWD	Walking stance, Reverse inward outer forearm block, Obverse punch (Sam Il)
FWD	Reverse TK/SK comb, Land L stance, FGB
BWD	Walking stance, Knife hand rising block, circular block, obverse punch (Choi Yong)
FWD	Twist kick, Land walking stance, X fist pressing/knife hand rising block (Eui Am)
BWD	Walking stance, Twin knife hand strike (Choong Jang)
STATIC:	Jumping front kick, Jumping side kick, Jumping turning kick, Jumping reverse side kick

Patterns

Coloured belt pattern (examiners choice)	All together
1st or 2nd Dan pattern (examiners choice)	All together
1st or 2nd Dan pattern (examiners choice)	All together
Sam Il, Choi Yong, Yoo Sin	In groups

Set Sparring

1 step sparring

NOTE: This line work is a **SAMPLE** and could be subject to change at anytime during a Black Belt Grading