

Steve Tottle Tae Kwon-Do

T.A.G.B.
TAE KWON-DO
INTERNATIONAL

THEORY

Red Tag – 3rd Kup

What does a red belt signify?

Red belt signifies **danger**, cautioning the student to **exercise control** & warning the opponent to **beware**.

What is the meaning of Toi Gye?

Pen name of the **16th century scholar Yi Wang**, an authority on **Neo-Confucianism**. The 37 movements represent his birthplace on the **37th degree latitude**. The movement pattern represents the **calligraphy for scholar**.

37 MOVEMENTS

Who are the founder members of the TAGB & what are their positions on the committee?

David Oliver – Chairman
Michael Dew – Vice Chairman
Ron Sergiew – Treasurer
Paul Donnelly – Liaison Officer
Kenny Walton – Team Coach

Why do you jump into X stance in Toi Gye?

To avoid a stick swung beneath the legs.

What is the Korean for 1 step sparring? Ilbo Matsoki

What is the Korean for…?

Flying – **Twimyo** Jumping – **Twigi**

What is the Korean for each of these movements?

Knife Hand Low Guarding Block – **Sonkal Najunde Daebi Makgi**

X Fist Pressing Block – **Kyocha Joomuk Noollo Makgi**

Outer Forearm W Shape Block – **Bakat Palmok San Makgi**

Double Forearm Pushing Block – **Doo Palmok Miro Makgi**

Upset Fingertip Thrust – **Dwijibun Sonkut Tulgi**

Back Fist Side Strike & Outer Forearm Low Block – **Dung Joomuk Taerigi & Palmok Najunde Makgi**

Note: All questions asked at gradings are at the examiner's discretion. This material is a guide. Will be asked about junior grade theory.

Note: All questions asked at gradings are at the examiner's discretion. This material is a guide. Will be asked about junior grade theory.